



Antibiotic Soak Instructions

1. Crush antibiotic pills and mix with 1 liter of normal saline. Keep antibiotic solution refrigerated. Shake well before using.
2. Unravel 2" x 2" gauze and saturate with antibiotic solution.
3. Use wooden (not cotton) end of cotton-tipped applicator to place one end of the gauze in the right nostril.
4. Place approximately 1 ½" (4cm) of gauze inside the nostril.
5. Repeat on the left side.
6. Place excess gauze on the incision site(s).
7. Place gauze pad as needed.
8. Keep in place for thirty minutes.
9. Repeat every three hours while awake.
10. Continue until 1st post-operative visit, approximately 7-10 day after surgery.



For video instructions for ANTIBIOTIC SOAKS: <https://www.youtube.com/watch?v=9N6rweBkmms>

For video instructions for IRRIGATION CATHETERS:
https://www.youtube.com/watch?v=_5SumADVemE&t=6s