



Colorado *Facial*  
Plastic Surgery  
Mario Imola, MD, DDS, FRCSC, FACS  
David M. Kowalczyk, MD, MBA  
*Creating Beautiful Faces*

Aesthetics *by Design*  
*Creating Beautiful Skin*

## Post-Surgical Bruise Treatment

Bruising is to be expected after any procedure including minimally invasive treatments and surgery. We try to minimize bruising, but in the case you should develop bruising, we will offer complimentary bruise treatments following your procedure.

This will include:

- One or two Microcurrent Treatments
- Up to Three IPL (Intense Pulsed Light) Spot Treatments

You can further reduce your risk of bruising by avoiding certain medications and herbal supplements associated with blood-thinning such as, but not limited to- garlic, omega-3 fatty acids, ginkgo, ginseng, St. John's wort, Vitamin E, Ibuprofen, aspirin, non-steroidal anti-inflammatories, warfarin and alcohol.

Please speak with your physician before stopping any medication.